



JOHNS HOPKINS

M E D I C I N E

6/26/2013 Office Visit

Provider: Howard Philip Levy, MD
 Department: Internal Medicine at Green Spring Station
 Dept Phone: 410-583-2774

Reason for Visit

Joint Hypermobility

STICKLER SYNDROME, AND TENACIN-X NOT SURE WHAT HE IS DIAGNOSIS WITH

You Were Diagnosed With

Ehlers-Danlos syndrome - Primary	756.83	No signs or symptoms to suggest any other form of EDS nor any other heritable disorder of connective tissue.
Difficulty falling or staying asleep	780.52	
Premature ejaculation	302.75	
Curved spine	737.10	due to EDS
Flat foot	734	due to EDS

Problem List as of 6/26/2013

High blood pressure
 High cholesterol
 Vitamin B12 deficiency
 Vitamin d deficiency
 Curved spine
 Hypermobility syndrome
 Mood problem
 Anxiety problem
 Difficulty falling or staying asleep

Vital Signs/Measurements - Last Recorded

BP	Pulse	Temp(Src)	Height	Weight	BMI
151/104	74	98 °F (36.7 °C) (Oral)	1.854 m (6' 1")	95.528 kg (210 lb 9.6 oz)	27.79 kg/m2

Medications and Orders

Your Current Medications Are

Medication	
5-HYDROXYTRYPTOPHAN (5-HTP ORAL) (Taking)	Take by mouth nightly as needed. for sleep
ascorbic acid (VITAMIN C) 1000 MG tablet (Taking)	Take 1,000 mg by mouth daily.
cetirizine (ZYRTEC) 10 MG tablet (Taking)	Take 10 mg by mouth daily.

cholecalciferol, vitamin D3, 2,000 unit Cap (Taking) Take 2,000-4,000 Units by mouth daily.

magnesium citrate 100 mg Tab (Taking) Take 200 mg by mouth 4 (four) times a week.

spironolactone (ALDACTONE) 100 MG tablet (Taking) Take 100 mg by mouth daily.

Unable to Find (Taking) daily. Med Name: "Primal Defense" probiotic

Medication Management

Maintain an updated list of medications you are taking. Keep this list with you at all times in the event of emergency situations and show this list to your primary care provider. Your medication list should contain all prescription and over-the-counter medications (including herbal products, vitamins, and dietary supplements). The list should be updated when medications are discontinued, doses are changed, or new medications are added.

Your provider may have asked you to have lab tests completed. We encourage you to get the tests performed at your earliest convenience. Should you not receive your test results within 2 weeks after getting the test, please contact our office.

Allergies as of 6/26/2013

No Known Allergies

Immunizations Administered on Date of Encounter - 6/26/2013

None

Follow-up and Disposition

Return if need additional genetic advice.