Reason for Visit

Joint Hypermobility

STICKLER SYNDROME, AND TENACIN-X NOT SURE WHAT HE IS DIAGNOSIS WITH

You Were Diagnosed With

Ehlers-Danlos syndrome - Primary

756.83

No signs or symptoms to suggest any other form of EDS nor any other heritable disorder of connective tissue.

Difficulty falling or staying asleep

780.52

Premature ejaculation

302.75

Curved spine

737.10
due to EDS

Flat foot

734
due to EDS

Problem List as of 6/26/2013

High blood pressure

High cholesterol

Vitamin B12 deficiency

Vitamin D deficiency

Curved spine

Hypermobility syndrome

Mood problem

Anxiety problem

Difficulty falling or staying asleep

Vital Signs/Measurements - Last Recorded

BP Pulse Temp(Src) Height Weight BMI

151/104 74 98 °F (36.7 °C) (Oral) 1.854 m (6’ 1”) 95.528 kg (210 lb 9.6 oz) 27.79 kg/m2

Medications and Orders

Your Current Medications Are

Medication

5-HYDROXYTRYPTOPHAN (5-HTP ORAL) (Taking)

Take by mouth nightly as needed, for sleep

ascorbic acid (VITAMIN C) 1000 MG tablet (Taking)

Take 1,000 mg by mouth daily.

cetirizine (ZYRTEC) 10 MG tablet (Taking)

Take 10 mg by mouth daily.
cholecalciferol, vitamin D3, 2,000 unit Cap (Taking) Take 2,000-4,000 Units by mouth daily.
magnesium citrate 100 mg Tab (Taking) Take 200 mg by mouth 4 (four) times a week.
spironolactone (ALDACTONE) 100 MG tablet (Taking) Take 100 mg by mouth daily.
Unable to Find (Taking) daily. Med Name: "Primal Defense" probiotic

Medication Management

Maintain an updated list of medications you are taking. Keep this list with you at all times in the event of emergency situations and show this list to your primary care provider. Your medication list should contain all prescription and over-the-counter medications (including herbal products, vitamins, and dietary supplements). The list should be updated when medications are discontinued, doses are changed, or new medications are added.

Your provider may have asked you to have lab tests completed. We encourage you to get the tests performed at your earliest convenience. Should you not receive your test results within 2 weeks after getting the test, please contact our office.
Allergies as of 6/26/2013
   No Known Allergies

Immunizations Administered on Date of Encounter - 6/26/2013
   None

Follow-up and Disposition
   Return if need additional genetic advice.