

Progress Notes

Male

MD
Date: 08/20/2012**Subjective:**

CC:

Objective:**Assessment:****Assessment:**

1. Hypertension - 401.9 (Primary)
2. HDL LOW - 272.5
3. B12 vitamin deficiency - 266.2
4. Vitamin D deficiency - 268.9
5. Hyperlipidemia - 272.4
6. Hypermobility syndrome - 728.5
7. ROUTINE MEDICAL EXAM - V70.0
8. family history CAD - V17.3
9. SLEEP DISTURBANCE NOS - 780.50
10. Kyphosis - 737.10
11. Allergy, unspecified - 995.3

Plan:

- 1. Hypertension** Continue Cozaar tablet, 100 mg, 1 tab(s), orally, once a day .

LAB: -AMA COMP MET PANEL WITH EGFR

LAB: -CBC W/DIFF

Discuss with

Referral To:(

Re

- 2. HDL LOW** Refill Niaspan ER tablet, extended release, 500 mg, 1 tab(s), orally, once a day (at bedtime), 90 days, 90, Refills 3 ; Continue fish oil, 1 tsp,

LAB: -LIPOSCIENCE NMR

LAB: -CRP, HIGH SENS (CPL)

LAB: -AMA COMP MET PANEL WITH EGFR

LAB: -CBC W/DIFF

- 3. B12 vitamin deficiency** Continue Advanced B-12 Complex (with folate), 5000mcg/400mcg, 1tab sublingual, 2-3x/wk .

LAB: -VITAMIN B12

- 4. Vitamin D deficiency** Continue Vitamin D3 softgels, 1000iu, 1cap, by mouth, daily .

LAB: -VITAMIN D, 25-HYDROX

- 5. hyperlipidemia**

LAB: -LIPOSCIENCE NMR

LAB: -CRP, HIGH SENS (CPL)

LAB: -AMA COMP MET PANEL WITH EGFR

LAB: -CBC W/DIFF

- 6. Hypermobility syndrome**

Referral To:Howard Levy Internal Medicine

Reason:

- 7. ROUTINE MEDICAL EXAM**

LAB: cpe in future (Ordered for 08/20/2013)

Start aerobic exercise--walking, biking, swimming ,etc.

8. SLEEP DISTURBANCE NOS Stop Valerian Root, 1 cap, as directed, 2-3 times per month ; Start 5 HTP Caps, 50 mg, one, By mouth, a day, at bedtime .

9. Kyphosis

Diagnostic Imaging:X ray : Spines, cervical, X ray : Spines, thoracic spine, X ray : Spines, lumbar

10. Allergy, unspecified Continue Singulair tablet, 10 mg, 1 tab(s), orally, once a day (in the evening) ; Continue Zyrtec tablet, 10 mg, 1 tab(s), orally, once a day .

Follow Up: i will contact you about labs; make appts with Dr Levy

Provider:

Patient:

Date: 08/20/2012

Electronically signed by .
Sign off status: Pending

MD on 08/20/2012 at 11:30 AM EDT