### **BLOOD TEST**

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### LAB RESULTS

Last Name	Lab ID	Specime	n Number	Time Collected	Date Entered	Time Reported
CLEMENT				1/15/2015 2:48 PM	1/15/2015	1/17/2015 1:35 AM
First Name	Middle Initial	Ph	ione	Control Number	Account Number	Account Phone Number
JAMES						
Date of Birth	Age	Sex	Fasting	Physician Name	Physician ID	
11/01/1955	59	M	Yes	An F	1558345843	
	Address				Account Address	

LIFE EXTENSION / NATIONAL DIAGNOSTICS, INC 5990 NORTH FEDERAL HIGHWAY, FT. LAUDERDALE, FL 33308

### Tests Ordered

CMP14+LP+4AC+CBC/D/Plt; VAP Cholesterol Profile; NMR LipoProfile; Urinalysis, Routine; Vitamin B12 and Folate; Hemoglobin A1c; Thyroxine (T4) Free, Dir

				CLEMENT, JAMES - ID-	CLEMENT, JAMES - ID#:		
Tests	Result	Flag	Units	Reference Interval	Lab		
CMP14+LP+4AC+CBC/D/Plt							
Glucose, Serum	76		mg/dL	65-99	MB		
Uric Acid, Serum	5.2		mg/dL	3.7-8.6	MB		
BUN	7		mg/dL	6-24	MB		
Creatinine, Serum	0.76		mg/dL	0.76-1.27	MB		
eGFR If NonAfricn Am	100		mL/min/1.73	>59	MB		
eGFR If Africn Am	115		mL/min/1.73	>59	MB		
BUN/Creatinine Ratio	9			9-20	MB		
Sodium, Serum	141		mmol/L	134-144	MB		
Potassium, Serum	4.5		mmol/L	3.5-5.2	MB		
Chloride, Serum	97		mmol/L	97-108	MB		
Carbon Dioxide, Total	25		mmol/L	18-29	MB		
Calcium, Serum	9.7		mg/dL	8.7-10.2	MB		

\*\*Effective January 19, 2015 the reference interval\*\*

for Calcium, Serum will be changing to:

Age		Ma	le	Female
0 - 10	days	8.6 -	10.4	8.6 - 10.4
11 days - 1	year	9.2 -	11.0	9.2 - 11.0
2 - 11	years	9.1 -	10.5	9.1 - 10.5
12 - 17	years	8.9 -	10.4	8.9 - 10.4
18 - 59	years	8.7 -	10.2	8.7 - 10.2
>59	years	8.6 -	10.2	8.7 - 10.3

Name: JAMES CLEMENT

Lab ID:

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				CLEMENT, JAMES -	
Tests	Result	Flag	Units	Reference Interval	Lab
CMP14+LP+4AC+CBC/D/PIt					
Phosphorus, Serum	3.6		mg/dL	2.5-4.5	MB
Protein, Total, Serum	6.9		g/dL	6.0-8.5	MB
Albumin, Serum	4.8		g/dL	3.5-5.5	MB
Globulin, Total	2.1		g/dL	1.5-4.5	MB
A/G Ratio	2.3		Ü	1.1-2.5	MB
Bilirubin, Total	0.4		mg/dL	0.0-1.2	MB
Alkaline Phosphatase, S	46		IU/L	39-117	MB
LDH	133		IU/L	121-224	MB
AST (SGOT)	13		IU/L	0-40	MB
ALT (SGPT)	13		IU/L	0-44	MB
Iron, Serum	76		ug/dL	40-155	MB
Cholesterol, Total	377	High	mg/dL	100-199	MB
Triglycerides	130		mg/dL	0-149	MB
HDL Cholesterol	62		mg/dL	>39	MB
				dL is considered a	
VIDI Chalasteral Cal	_	factor for CHD		F 40	MD
VLDL Cholesterol Cal	26	l II arla	mg/dL	5-40	MB
LDL Cholesterol Calc	289	High	mg/dL	0-99	MB
Comment: T. Chol/HDL Ratio	6.1	High	ratio units	0.0-5.0	MB MB
1. CHOI/ HDL RAUO	0.1	High	Tallo utilis	T. Chol/HDL Ratio	IVID
				Men Women	
				1/2 Avg.Risk 3.4 3.3	
				Avg.Risk 5.0 4.4	
				2X Avg.Risk 9.6 7.1 3X Avg.Risk 23.4 11.0	
Estimated CHD Risk	1.3	High	times avg.	0.0-1.0	MB
				T. Chol/HDL Ratio	
				Men Women	
				1/2 Avg.Risk 3.4 3.3 Avg.Risk 5.0 4.4	
				2X Avg.Risk 9.6 7.1	
				3X Avg.Risk 23.4 11.0	
		The CUD Diak	ig bagad on the	e T. Chol/HDL ratio. Other	
				h as hypertension, smoking,	
		diabetes, seve		nd family history of pre-	
WDO	4.2	mature CHD.	··10E2/1	2.4.10.0	MD
WBC RBC	4.3 5.03		x10E3/uL	3.4-10.8 4.14-5.80	MB
	15.3		x10E6/uL		MB
Hemoglobin			g/dL	12.6-17.7	MB
Hematocrit	45.5		%	37.5-51.0	MB
MCV MCH	91		fL	79-97	MB
MCH MCHC	30.4 33.6		pg a/dl	26.6-33.0	MB
MCHC PDW			g/dL	31.5-35.7	MB
RDW	14.3		%	12.3-15.4	MB

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Tests				CLEMENT, JAMES -	
	Result	Flag	Units	Reference Interval	L
CMP14+LP+4AC+CBC/D/PIt					
Platelets	184		x10E3/uL	150-379	N
Neutrophils	53		%		N
Lymphs	34		%		N
Monocytes	10		%		N
Eos	2		%		N
Basos	1		%		Λ
Immature Cells					Λ
Neutrophils (Absolute)	2.3		x10E3/uL	1.4-7.0	Λ
Lymphs (Absolute)	1.4		x10E3/uL	0.7-3.1	Ν
Monocytes(Absolute)	0.4		x10E3/uL	0.1-0.9	Ν
Eos (Absolute)	0.1		x10E3/uL	0.0-0.4	Λ
Baso (Absolute)	0.1		x10E3/uL	0.0-0.2	Λ
Immature Granulocytes	0		%		Λ
Immature Grans (Abs)	0.0		x10E3/uL	0.0-0.1	Λ
NRBC					Λ
Hematology Comments:					Λ
/AP Cholesterol Profile					
LDL Cholesterol	308	High	mg/dL	<130	Z
HDL Cholesterol	60	· ·	mg/dL	>=40	Z
VLDL Cholesterol	30	High	mg/dL	<30	Z
Cholesterol, Total	398	High	mg/dL	< 200	Z
Triglycerides	126	J	mg/dL	<150	Z
Non HDL Chol. (LDL+VLDL)	338	High	mg/dL	<160	Z
apoB100-calc	204	High	mg/dL	<109	Z
LDL-R (Real)-C	249	High	mg/dL	<100	Z
Lp(a) Cholesterol	13.0	High	mg/dL	<10	Z
IDL Cholesterol	46	High	mg/dL	<20	Z
Remnant Lipo. (IDL+VLDL3)	65	High	mg/dL	<30	Z
Probable Metabolic Syndrome	No	3	3	No	Z
HDL-2 (Most Protective)	15		mg/dL	>10	Z
HDL-3 (Less Protective)	45		mg/dL	>30	Z
VLDL-3 (Small Remnant)	19	High	mg/dL	<10	7
LDL1 Pattern A	53.6	3	mg/dL	•	7
LDL2 Pattern A	75.9		mg/dL		7
LDL3 Pattern B	106.6		mg/dL		7
* * * *	13.1		mg/dL		7
LDL4 Pattern B			···g·	Α	7

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				CLEMENT, JAMES - I	D#:
Tests	Result	Flag	Units	Reference Interval	Lab
NMR LipoProfile					
LDL-P	> 3500	High	nmol/L Low	<1000 < 1000 Moderate 1000 - 12	S7
				Borderline-High 1300 - 15 High 1600 - 20 Very High > 20	99 00
LDL-C	314	High	mg/dL	< 100	S7
				Optimal	.29 .59 .89
HDL-C	64		mg/dL	>=40	S7
Triglycerides	148		mg/dL	<150	S7
Cholesterol, Total	408	High	mg/dL	<200	S7
HDL-P (Total)	27.3	Low	umol/L	>= 30.5	S7
Small LDL-P	1368	High	nmol/L	<= 527	S7
LDL Size	21.6		nm	> 20.5	S7
	LDL AND HDL PAI HDL-P (total)  Small LDL-P  LDL Size <-L	High >34.9 Low <117	VD Risk entile in 75th 34.9 25th 117	AND SIZE Higher CVD Risk> Reference Population 50th 25th Low 30.5 26.7 <26.7  50th 75th High 527 839 >839  Small (Pattern B)->	
		23.0 20		20.5 19.0	
	<pre>&lt; 25 The LP-IR Score comb. particle concent: assessment of in: Small LDL-P, LDL LP-IR Score have but not cleared l of these test re: INSULIN RESISTAN</pre>	ines informati ration and siz sulin resistan Particle Size been validate by US FDA; the sults has not CE MARKER ensitive In ntile in Refer ce Score w 25th 50t	on from li e to give ce and dia , HDL-Part d by LipoS clinical been fully sulin Resi ence Popul	<= 45 poprotein improved betes risk. icle, and ccience utility established. stant>	S7
<u>Urinalysis, Routine</u>					
Specific Gravity	1.006			1.005-1.030	MB

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				CLEMENT, JAMES -	
Tests	Result	Flag	Units	Reference Interval	Lab
Urinalysis, Routine					
pH	6.5			5.0-7.5	MB
Urine-Color	Yellow			Yellow	MB
Appearance	Clear			Clear	MB
WBC Esterase	Negative			Negative	MB
Protein	Negative			Negative/Trace	MB
Glucose	Negative			Negative	MB
Glucose Reflex					MB
Ketones	2+	Abnormal		Negative	MB
Occult Blood	Negative			Negative	MB
Bilirubin	Negative			Negative	MB
Urobilinogen,Semi-Qn	0.2		mg/dL	0.0-1.9	MB
Nitrite, Urine	Negative			Negative	MB
Microscopic Examination	Comment				MB
	Microscopic not in	dicated and not	performed.		
Vitamin B12 and Folate					
Vitamin B12	689		pg/mL	211-946	MB
Folate (Folic Acid), Serum	18.1		ng/mL	>3.0	MB
	A serum folate con	centration of le represent clinic		/mL is	
Hemoglobin A1c	considered to	represent Clinic	ar deficiency.		
Hemoglobin A1c	5.0		%	4.8-5.6	MB
Tiernogio zin 7770	0.0		70		IVID
		ased risk for di	abetes: 5.7 -	6.4	
		tes: >6.4 mic control for	adulte with di	ahetes: <7 N	
Thyroxine (T4) Free, Direct, S	diyee	mic concrot for	addies with di	abeces. (7.0	
T4,Free(Direct)	1.28		ng/dL	0.82-1.77	MB
<u>TSH</u>			9		
TSH	1.900		uIU/mL	0.450-4.500	MB
_IGF-1	1.700		alo/iiiE	0.430 4.300	WID
Insulin-Like Growth Factor I	104		ng/mL	54-194	BN
Vitamin D, 25-Hydroxy	104		rig/iiiL	34-174	DIN
Vitamin D, 25-Hydroxy	56.3		ng/mL	30.0-100.0	MB
Vitaliiii D, 25-Hydroxy	Vitamin D deficien	cv has been defi	· ·		IVID
		n Endocrine Soci			
		25-OH vitamin D			
		Society went on as a level betwe			
	_	ute of Medicine)		<del>-</del>	
	intakes for	calcium and D.			
		ademies Press.	hoff-Formari U	A of al	
		Binkley NC, Bisc treatment, and			
	deficiency:	an Endocrine So	ciety clinical		
	guideline.	JCEM. 2011 Jul;	96(7):1911-30.		

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					CLEMENT, JAMES -	
	Tests	Result	Flag	Units	Reference Interval	Lab
C-Reactive I	<u>Protein, Cardiac</u>					
C-Reactive	Protein, Cardiac	0.53		mg/L	0.00-3.00	MB
			Relative		Cardiovascular Event	0
					low <1.0 Liverage 1.00 - 3.0	
					ligh >3.0	
IGF-BP3						
IGF-BP3		3828		ug/L	2133-5711	BN
Homocyst(e	<u>e)ine, Plasma</u>					
•	e)ine, Plasma	12.1		umol/L	0.0-15.0	MB
<u>Fibrinogen</u> <i>I</i>	-					
Fibrinogen	Activity	316		mg/dL	193-507	MB
<u>Insulin</u>						
Insulin		5.5		uIU/mL	2.6-24.9	MB
Ferritin, Ser						
Ferritin, Se		73		ng/mL	30-400	MB
•	onine,Free,Serum					
Triiodothyr	onine,Free,Serum	2.7		pg/mL	2.0-4.4	MB
Lab		Facility		Directo	or Phoi	ne
MB	LabCorp B			Elgin, Elgin	205-581	-3500
	1801 First Avenue South, Birming	ham, AL,				
ZU	Atherotec			R, R	205-314	-7400
	201 London Parkway Suite 400, E	Birmingham, AL,				
S7	LipoScien			Franke, Franke	877-547	-6837
DNI	2500 Sumner Blvd, Raleigh, NC,			F F	000.77.0	40.44
BN	LabCorp B 1447 York Court, Burlington, NC,			F, F	800-762	-4344
	For inquiries, the physician may con	tact the above locations				
	Tor inquiries, the physician may com	iact the above locations.				

Thank you for ordering your lab tests through Life Extension/National Diagnostics, Inc. If you would like to discuss your results please call us at 1-800-208-3444. In order to ensure your privacy we ask that you have a copy of your results in front of you when making the call, as you will be asked to provide a specimen number or other identifier from the report. Our advisory team WILL NOT be able to review your lab results with you, unless you are able to provide this information from the report. We also understand that there are times when you will want to review a family members blood test results with our staff. Although Life Extension is happy to comply with these requests, permission (either verbally or in writing) must be given by the person who took the blood tests in order for us to do so. Thank you for your cooperation with these policies as we endeavor to keep your blood test results secure.

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